

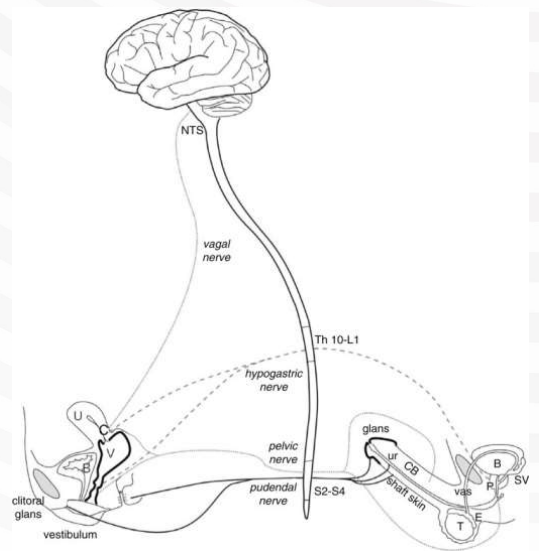
## Have you Heard of the Blended Orgasm?

*New way to have an orgasm is discovered, Satisfyer's sexual wellness expert tells us more.....*

A blended orgasm? Chances are you are thinking what the heck is that! However, as sexual wellness expert, Megwyn White, from Satisfyer, will tell you, it's the new way to have the most incredible orgasm yet – think of it as sexual yoga, that will give you untold pleasure.

The term blended orgasm relates to dual stimulation of erogenous zones, such as stimulating the clitoris and the g-spot at the same time, this is known as a blended orgasm. However, to undertake this approach it is not just a simple step of stimulation and penetration but instead focused on the breathe and a certain nerve in your body called the Vagus Nerve.

The Vagus Nerve bridges the brain to your visceral organs including the heart, lungs, and digestive system. It's also connected to the voice, tongue, and informs the muscles of the face (hence why people have an orgasm face) When you stimulate the 8,000 nerve endings of the clitoris it's channelled through the Vagus Nerve into the visceral body. Simply put a blended orgasm is an orgasm where more of the clitoris is being activate through touch and breath and another pleasure spot is involved.



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Every woman can experience a blended orgasm, and benefit from the energy that is sourced from one. It's even easy to explore one your own. If you'd like to give it a go, then when you have some alone time, Megwyn recommends to try the Satisfyer Pro 2 vibrator along with the Satisfyer Balls. When you explore these two products together you are more easily able to activate what Megwyn calls your Sexual Core. If you've ever tried Pilates or dipped into a deep yoga pose you are actually relying on using many of the same muscular connections that help support a blended orgasm. The beauty of your sexual core is that it is a major bridge into expanding the voltage of the orgasm to become full bodied, and mind blowingly pleasurable. Unfortunately it is often hidden due to lack of support within the connections of embodiment.

The Satisfyer Pro 2 helps to jumpstart this connection with a "non-touch wave pulse" to stimulate the outer portion of the clitoral glans which are often super sensitive to stimulation but because the air pulse technology indirectly stimulates the clitoral glans it supports a full surge of the internal body of the clitoris. The Satisfyer Training Balls held internally will help to stimulate the g-spot where the clitoral bulbs split and root around the vaginal canal.

Megwyn suggests trying this practice sitting on a toilet (make sure noone needs to use the bathroom for a while) with the knees bent at 90 degrees with the balls of the feet down and the heels slightly lifted to help activate the arches of the feet which will help to pull the sensations into the root of the body, and bridges a connection to the root of the clitoris. Start with the balls inside you and a slow setting on the Pro 2 and breathe slowly and very deeply focusing on extending the length of the exhalation to pull the connection of the Vagus Nerve more deeply into the belly. As sensations

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deepen you can heighten the speed on the Pro 2. Feel free to move the pelvis and spine which can help to expand the sensation of orgasm.

There are many ways to have an orgasm, but to experience true pleasure, the breathe and dual stimulation needs to work in harmony, so next time you have an orgasm don't just have any old orgasm, try a blended one

The full Satisfyer range is available from [www.satisfyer.com/uk](http://www.satisfyer.com/uk)